

Cyclist Name: Meredith Kessler

Make/Model: Orbea

Bike Fitting: April 22, 2011

Data Points		New Mea	surements	Old Measurements
A) Saddle Height (cm)		86		
B) Saddle Fore-Aft (cm)		3.8		
C) Reach to rear of pads (cm) From tip of saddle to rear of pads		45.5		
D) Bar Drop to top of pads (cm) From top of saddle to top of pads		6		
E) Saddle Angle (degrees)		2.7		
F) Bar Angle (degrees)		n/a		V
Crank Length	170	Shifter height Shifter to floor	91.6	
Pedal Type	Shimano	Pad width Center of each pad	20	
Saddle Type	TerryAdamo	Pad reach Rear of pad to shifter	30.7(seenote)	
		1		

Bike Sizing Measurements	
Virtual Top Tube Length (c-c) (cm)	52
Stem Length (mm)	70
Stem Angle (degrees)	0
Stem Face Up or Down	n/a
Space between head tube and stem (cm)	4.5
Handlebar Width (c-c) (cm)	n/a
Ideal top Tube Length	53

Stroke Analysis	Before	After
SpinScan (%)		
Power Distribution (%W)		

Appointment Notes:
Cleat placement:44 laterally by 180
Shoes Size & Type:Shimano 39
*Pad Reach-Current reach is 34.4. Shorten reach to shifters by 3.7cm for a 30.7 reach. This will eliminate
the need to move your elbows from the rests to shift.
Seat height-Raised seat by .6mm. Allows for greater leg extension. Currently I do not see your stability
in the saddle being compromised. Let the height settle in and provide feedback.

Address Miscellany				
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Ritchey	bike parts manufacturer	www.ritcheylogic.com/ritchey_index.phtml?l=us		
The New 3T	stems and bars	www.thenew3t.com		
SMP	saddles	www.albabici.com/selle/selle-smp-mp.htm		